



## Want to talk to others about the REACH study?

**What is REACH?** A study to help make HIV prevention methods work for young women in Africa.

**What's the Purpose?** To test two methods – a monthly ring and daily tablet – to learn more about their safety in young women and whether young women like using them.

**Joining the study is your choice!**

The study team is always available for questions and support.

**Are the products safe?** Yes! There are a few known side-effects; most are mild and last for only a short time. Most people have no side effects. Both the ring and tablet have been shown to prevent HIV in adults when used all the time.

**What does the study require?** Try each product for 6 months, then choose the one you like and use it for another 6 months. Go to monthly visits at the clinic to get check-ups and talk about the products.

**What are the good things about joining the study?** Get free health exams, counselling, and HIV testing. Be part of finding HIV prevention methods that can work for young women!

## What about the study products?

For best protection against getting HIV you must use the ring and tablets correctly and consistently; this is why the researchers care about how young women like the products! Condoms should also always be used to protect oneself from getting HIV and other STIs.

### About the Ring

- Women wear it in their vagina and replace it every month; no need to take it out to clean it, bathe, or use the toilet.
- It contains an antiretroviral medication called dapivirine.
- It has been studied in thousands of women throughout the world including in the US and Africa.

### About the Tablet

- It's commonly known as PrEP; it contains two antiretroviral medications.
- You have to take one every day – it works best with daily dosing.
- It's already approved to prevent HIV in adults in many countries based on high safety and levels of protection.

